



Register Early
and Save!
See p. 29

It's a Golden Opportunity!



AMERICAN COUNSELING
ASSOCIATION

Advance Registration Brochure

*Celebrating
6 Years
1952-2012*



SAN FRANCISCO
ACA2012
Conference & Expo

In partnership with the California Counseling Association



ACA Conference & Expo
March 23-25

Pre-conference Learning Institutes
March 21-22

It's a Golden Opportunity for ...

Outstanding professional development

World class keynote speakers

Dynamic networking

And much more.... all in a city that ranks high as a destination for tourists



**Register by Thursday,
December 15, 2011**

Save \$110

*(if your membership category is
Professional/Regular)*

Save \$75

*(if your category is Student/New
Professional/Retiree)*

**Register by Wednesday,
February 15, 2012**

Save \$60

*(if your membership category is
Professional/Regular)*

Save \$30

*(if your category is Student/New
Professional/Retiree)*



Phone:

800-347-6647, x222
or 703-823-9800, x222
Monday – Friday
8:00 am – 6:00 pm (ET)



Fax:

703-461-9260



Website:

[counseling.org/
conference](http://counseling.org/conference)



Mail:

ACA Annual Conference
Attn: Accounting
5999 Stevenson Avenue
Alexandria, VA 22304

Questions? E-mail: acaconference@counseling.org

Exhibits & Sponsorships:

Contact Kathy Maguire • kmaguire@counseling.org • 607-662-4451

ACA'S 2012 CONFERENCE & EXPO

In partnership with the California Counseling Association

It's a gold rush of professional development and engagement



Dear Colleague:

As a counseling professional, the ACA 2012 Conference & Expo is a major event you should not miss. In addition to the hundreds of peer-reviewed sessions and amazing networking opportunities, the 2012 conference location is also going to be very special.

San Francisco is a legendary city that has repeatedly shown itself to be a center for activism and change, as well as a mecca of diversity and advocacy. It is also a city of stunning natural beauty that we hope you will take time to enjoy.

The 2012 conference also offers us an opportunity to celebrate the 60th anniversary of ACA. Special festivities are being planned that will highlight the achievements of our profession and our professional association over the past six decades.

Although there will be the added anniversary excitement in the air, the primary focus of this very special week will be the significant learning opportunities that will be available. Whether you are a seasoned professional or a student, this conference will provide an opportunity to sharpen your skills, refresh yourself on best practices, share experiences with your colleagues, review the latest counseling research, and stimulate your thinking.

Please look through this brochure and you will see what we mean!

We encourage you to accept our invitation to join us in San Francisco and be a part of the global community of counseling professionals.

Don W. Locke

ACA President (2011–2012)

Evelynn Burton

CCA President (2011–2012)



Don W. Locke
ACA President



Evelynn Burton
CCA President

PLANNING CALENDAR

Tentative schedule, subject to change. Check counseling.org/conference for updates.

Tuesday, March 20

8:00 am – 5:00 pm Governing Council

Wednesday, March 21

8:00 am – 6:00 pm Registration open
 8:00 am – 5:00 pm Governing Council
 8:00 am – 6:00 pm ACA Division meetings
 9:00 am – 8:45 pm Pre-conference Learning Institutes
 12:00 pm – 2:00 pm ACA Division luncheon

Thursday, March 22

8:00 am – 7:00 pm Registration open
 8:00 am – 12:00 pm Governing Council
 8:00 am – 1:00 pm ACA/Red Cross Foundations of Disaster Mental Health Training
 8:00 am – 6:00 pm ACA Committee meetings
 8:00 am – 6:00 pm ACA Division meetings
 9:00 am – 8:45 pm Pre-conference Learning Institutes
 12:00 pm – 2:00 pm ACA Division luncheon
 1:00 pm – 2:00 pm ACA Branch Executives meeting
 2:00 pm – 3:00 pm ACA Region Chairs meeting
 4:30 pm – 7:00 pm Expo Grand Opening & Welcome Reception
 5:30 pm – 6:30 pm Author Book Signing

Friday, March 23

8:00 am – 6:00 pm Registration open
 8:00 am – 5:00 pm ACA Division meetings
 8:00 am – 5:00 pm ACA Committee meetings
 9:00 am – 10:30 am Opening Session Keynote
 10:30 am – 6:00 pm ACA Bookstore open
 10:30 am – 6:00 pm Poster Sessions
 10:30 am – 6:00 pm Expo open
 11:00 am – 12:30 pm ACA Region Officers meeting
 11:00 am – 1:00 pm ACA Division brunches
 11:00 am – 6:00 pm Education Sessions
 12:00 pm – 2:00 pm First Timers Orientation & Mentoring Lunch
 12:00 pm – 2:00 pm ACA Division luncheons
 4:00 pm – 5:00 pm Author Book Signing
 5:00 pm – 9:00 pm ACA Division receptions
 9:00 pm – 12:00 am ACA Opening Night Celebration

Saturday, March 24

8:00 am – 5:00 pm Registration open
 7:30 am – 9:00 am ACA Division breakfasts
 8:00 am – 5:00 pm ACA Division meetings
 9:00 am – 10:00 am Second Keynote Speaker
 10:00 am – 4:00 pm Expo open
 10:00 am – 4:00 pm ACA Bookstore open
 10:30 am – 4:00 pm Poster Sessions
 10:30 am – 6:00 pm Education Sessions
 11:00 am – 1:00 pm ACA Division brunches
 11:00 am – 4:00 pm ACA Region business meetings
 12:00 pm – 2:00 pm ACA Division luncheons
 5:00 pm – 12:00 am ACA Division receptions
 7:00 pm – 9:00 pm ACA National Awards Gala

Sunday, March 25

7:00 am – 1:15 pm Registration open
 7:30 am – 1:15 pm Education Sessions
 8:00 am – 12:00 pm ACA Division meetings
 1:00 pm – 3:00 pm ACA General Membership Meeting

Location of Activities

Activities that will be held at the Moscone West Convention Center

- Pre-conference Learning Institutes
- Education Sessions
- Exposition and all Exposition Activities (Career Center, ACA Bookstore, Poster Sessions, Graduate Student Center, ACA Resource Center, Cyber Center)
- Keynote Presentations
- ACA/Red Cross Foundations of Disaster Mental Health Training

Activities that will be held at the Hilton San Francisco Hotel Union Square

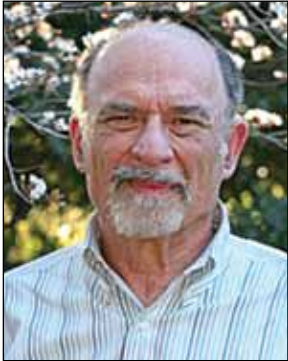
- ACA Division Activities
- ACA Committee Meetings
- First-Timers Orientation and Mentoring Luncheon
- ACA National Awards Gala

The Moscone West Convention Center (747 Howard Street, San Francisco, CA 94103) is 0.6 miles from the Hilton San Francisco Union Square. ACA will provide free shuttle bus transportation to and from each location daily.

The location of the ACA Opening Night Celebration is TBD.

KEYNOTE SPEAKER

Get inspired by a living legend in counseling



Irvin D. Yalom, MD

Friday, March 23 • 9:00 am – 10:30 am

Irvin D. Yalom, MD, one of the most influential psychiatrists and author of popular “teaching novels” returns to ACA as the keynote speaker for the Opening General Session.

Seven years after he addressed counseling professionals at the ACA Conference in Atlanta, Dr. Yalom returns to ACA to provide a very different message: a more real-world, practical one packed with information you can put to use immediately.

The insights Yalom will present will be based largely on notes he has collected from sessions and research throughout his career as well as powerful comments he has received from colleagues and clients during his years in the field. Many of these tips will eventually become part of a new book that Yalom is in the process of writing. As yet untitled and still in the early stages of development, the book will resemble a combination of two of his previous works, *Love’s Executioner & Other Tales of Psychotherapy* and *The Gift of Therapy: An Open Letter to a New Generation of Therapists and Their Patients*.

Written more than a decade apart, both books provide suggestions for counseling practice, while including anecdotes from Yalom’s own experiences as a therapist. But the emphasis will be very different for San Francisco—it will be focused less on theory and more on what will be useful to you as a counselor, what works, and how you can achieve the best results with your clients.

He will address how therapy helps and how counselors can know that therapy helps. Hear why he believes counseling is so successful with clients and what he has learned through his practice (he still maintains a part-time private practice for individual therapy in San Francisco and Palo Alto), his writing, and his research.

Well known for his personal model of existential psychotherapy, Yalom is highly celebrated in the counseling profession for his pioneering role in constructing group counseling principles. He is also a strong proponent, as evidenced by his writing in *The Gift of Therapy*, that each client should receive a unique therapy experience because each patient has his or her own unique story.

Get a sneak preview of the key themes of his next book while you hear firsthand from the group counseling pioneer, expert in existential psychotherapy, and living legend.

A book signing will immediately follow Dr. Yalom’s keynote speech at the Moscone West Convention Center. He will also be presenting a session on the topic of psychotherapy novels at the conference, during which he will discuss his teaching novels, including the soon-to-be-published The Spinoza Problem. The title refers to the Dutch rationalist philosopher Baruch Spinoza.

GRADUATE STUDENTS AND NEW PROFESSIONALS

Special programs and events just for you!



More than 700 graduate students attend the ACA Conference to:

- Build a network, identify mentors
- Learn where the jobs are
- Meet professors from the top programs
- Reinforce their coursework

Back by popular demand: **For Graduate Students and New Professionals Only series.**

“Do Ask, Do Tell”: Current LGBTQ Issues in Counseling for Graduate Students and New Professionals

By Anneliese A. Singh

Becoming a Professional Counselor

By Gerald Corey, Marianne Schneider Corey, and Jamie Bludworth

Insider Tips: Landing That First Counseling Job

By Rebecca Daniel-Burke

What Graduate Students and New Professionals Need To Know About Mindfulness

By Marcheta Evans

What Graduate Students and New Professionals Need To Know About Social Media

By Marty Jencius

ACA Career Center

Looking for a job? Interview with employers at the conference. Need career advice? Schedule a private, free consultation on your job search and career planning. Also at the Center you can have a resume consult and participate in a mock interview or consult with our private practice experts. All consults require an appointment. Watch *ACAeNews* and the conference website for the link to schedule consults.

The Graduate Student/New Professional Center

Located in the Expo, this is a space just for you! Mingle with other students and meet the ACA president and other leaders who will stop by. Hear presentations designed for students and new professionals.

International Student Panel

A panel of graduate students from various countries discusses perceptions of counseling based upon their cultural contexts and their educational experiences in U.S. graduate programs. Students also will share thoughts on what they've learned about counseling in the U.S. and how it might be applied in their home countries. The International Reception will be held after the panel discussion. This is a great opportunity to expand the global dialogue and cultivate partnerships on an international level. *Friday, March 23*

First Timers Orientation & Mentoring Luncheon

An ideal opportunity for students and new professionals to network over a hearty lunch and hear special presentations on how to get the most out of the ACA conference. See p. 24 for full description. This event will be held at the Hilton San Francisco Union Square. *Tickets are \$45 per person. Friday, March 23.*

Chi Sigma Iota (CSI) Sponsored Sessions

CSI is an international honor society for students, professional counselors and counselor educators, and is dedicated to promoting excellence in the profession of counseling. The sessions below were selected by CSI.

Enhancing Counselor Community Engagement in Bullying Prevention Efforts: Making Cultural Adaptations for Individual Communities

Getting Counselors Involved Globally

Leadership & Standards: Keeping Career Counseling at the Core of our Profession

Professional Advocacy: What Supervisors and Supervisees Need To Know About the Law

Research in the Counseling Profession: Applying Neuroscience To Inform Counseling Practice and Promote Evidence-Based Outcomes



CALIFORNIA COUNSELING ASSOCIATION AND ACA DIVISION EVENTS

California Counseling Association Events

The California Counseling Association (CCA) is proud to partner with ACA for the 2012 Conference. CCA will not hold its own conference in 2012, but instead will include various educational programs and other events at the joint ACA/CCA conference. Here are some of the programs on the CCA agenda:

CCA Sponsored Pre-conference Learning Institutes

Full schedule, description, and presenters are listed on pp. 12–18. *Separate registration fee applies.*

12011 - Design for Dying: Preparing for End-of-Life
12022 - Identifying and Intervening in Bullying Behaviors in the School Setting

CCA Sponsored Education Sessions

Complexities of Identity in Multicultural Counseling Training:
Challenges for Trainers and Trainees
Effective Group Meetings Maximize the End Results
Labels Are for Jars! From Hoarding to Foraging: Deconstructing and Reconstructing the DSM Code Through Metaphors
Making a Difference in the Community: The Impact of Career Counselors
Multicultural Contextual Integrative Counseling
Using Media to Deconstruct Historical Patterns and Assess Cultural Competency Practices

You Want Me To Do WHAT? Surviving the Counseling Internship
Best Practices for College Counseling: Is There Money for College and Where Do I Get it?

CCA Welcome Reception

Thursday, March 22
6:00 pm – 8:00 pm
Hilton San Francisco Union Square

ACA Division Events

Friday, March 23, 2012

AADA - Day of Learning: Focusing on Human Development Across the Lifespan
NECA - Day of Learning: Focusing on Career Development and Employment Counseling

Saturday, March 24, 2012

ACC - Day of Learning: Focusing on Creativity in Counseling
ACCA - Day of Learning: Focusing on College Counseling
ALGBTIC - Day of Learning: Focusing on LGBTQ Issues
CSJ - Day of Learning: Focusing on Social Justice
AHC - The Wellness Center

HIGHLIGHTS & SPECIAL EVENTS

Saturday, March 24

ACA National Awards Ceremony & Gala



PLUS Special 60th Anniversary Celebration

Join your colleagues in this evening celebration to honor distinguished counseling professionals who are making an impact on the profession and to honor special achievements of several ACA Branches. At the Gala, which will take place after the awards portion of the ceremony, help us celebrate ACA's 60th anniversary with live entertainment and dinner. Tickets will be sold for the Gala and all proceeds will go to the ACA Foundation. Stay tuned for more information on the Gala! *Sponsored by the ACA Foundation*

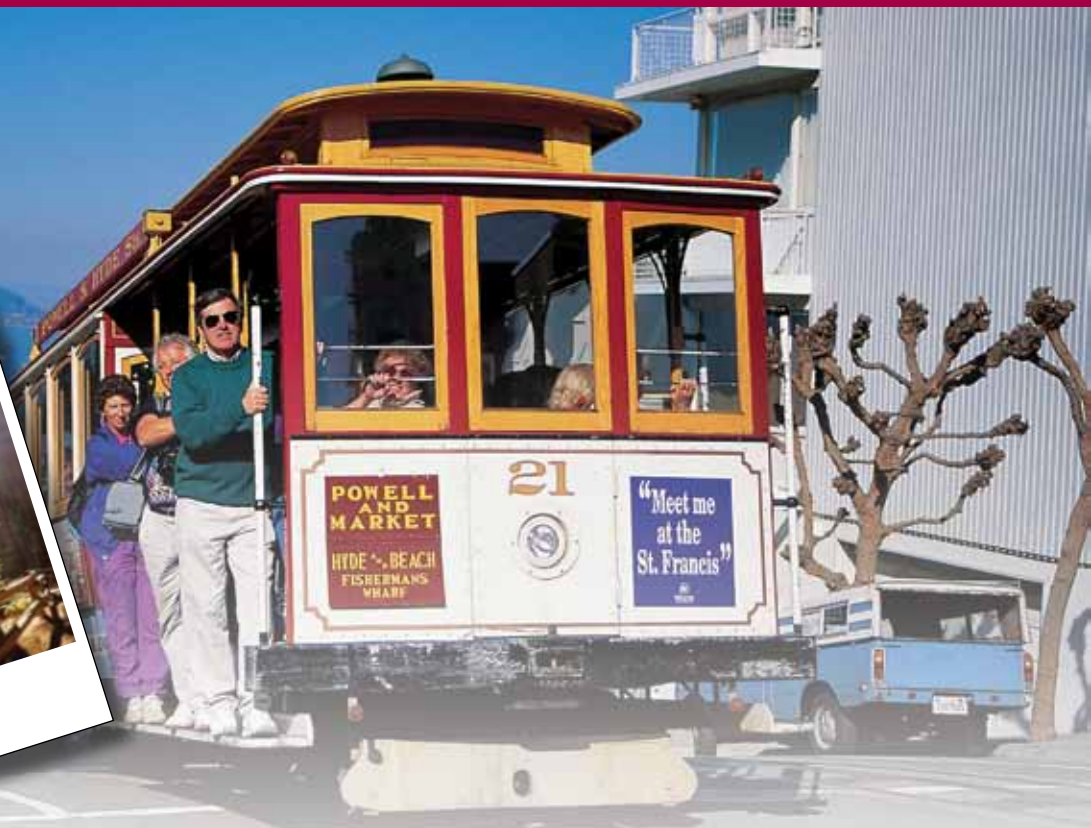
A Golden Opportunity to Explore the Wo



City & The Bay



Magical Marin



City & The Bay

Thursday, March 22 and Saturday, March 24

1:00 pm – 5:00 pm

The sights that make San Francisco one of the most picturesque cities in the world can be enjoyed not only from land but also from the San Francisco Bay. The one hour Bay Cruise offers incomparable views of “The City” as well as Alcatraz and Angel Islands, the famous bridges and many other Bay sights from all decks of the vessels.

Price: \$47.00 per person

Cost includes round-trip transportation via deluxe motor coach, narration by professional guide, and one-hour Bay Cruise.

Magical Marin

Thursday, March 22 • 9:00 am – 1:30 pm

Sunday, March 25 • 9:00 am – 1:30 pm

Today you’ll cross the Golden Gate Bridge into magnificent Marin County with its astonishingly varied land and seascapes. Stopping at Muir Woods National Monument with its towering redwood forest, you will have time to stroll among these ancient giant sequoias whose biological ancestry dates back well over a million years. You will also visit Sausalito, a sparkling Riviera like bayside village with its winding, wooded streets, houseboat havens and unique boutiques and galleries. There will be ample time to explore the shops and galleries, or just walk about the waterfront and view the San Francisco skyline and Bay.

Price: \$54.00 per person

Cost includes round-trip transportation via deluxe mini-coach, narration by professional guide, admission fee to Muir Woods, time to stroll in Sausalito.

Alcatraz: “The Rock”

Thursday, March 22 • 10:00 am – 2:00 pm

Saturday, March 24 • 10:00 am – 2:00 pm

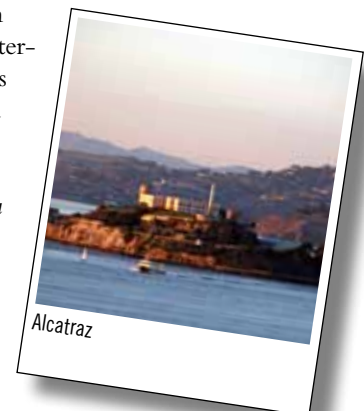
Sunday, March 25 • 8:30 am – 12:30 pm

Today you will be sentenced to a short term on the notorious Alcatraz Island federal penitentiary. From the San Francisco waterfront, you will take a short ferry ride across the chill waters of the Bay to “the Rock.” Here you will visit the cells once occupied by the nation’s infamous and incorrigible criminals.

On this austere wind and fog ridden island, it is easy to see why few attempts were made to escape into the treacherous bay with its undertows and turbulent waters. An expertly created audio tour contains interviews with former prisoners and guards from “the Rock,” providing you with a fascinating insight into life here.

Price: \$65.00 per person

Cost includes round-trip transportation via deluxe motor coach, narration by professional uniformed guide, ticket to Alcatraz Island, National Park fee at Alcatraz and Alcatraz audio tour. You may want to bring a snack on this tour.



Alcatraz

nders of SAN FRANCISCO!

Chinatown Discovery—A walking excursion

Thursday, March 22 • 10:00 am – 1:00 pm

Sunday, March 25 • 10:00 am – 1:00 pm

In downtown San Francisco, the present has been built over the remnants of the past. This is especially true of Chinatown. From the towering steel and concrete of San Francisco's Financial District, you will pass the historic Lion Gates and be transported into the "city-within-the-city," which recalls the days of early Chinese immigration. The first Chinese settled these streets during the Gold Rush and were swiftly followed by thousands of others. Today, San Francisco's Chinese population is one of the largest outside of Asia. Today you will enjoy a walking tour down the narrow streets and alleys of this historic neighborhood with a knowledgeable tour guide.

Price: \$21.00 per person

Cost includes narration by professional guides for small groups of 10-12 people, donation and admission to Buddhist Temple and Fortune Cookie Factory. This tour assumes walking from the Hilton.

Sonoma: History & California Winemaking

Thursday, March 22 thru Saturday, March 24

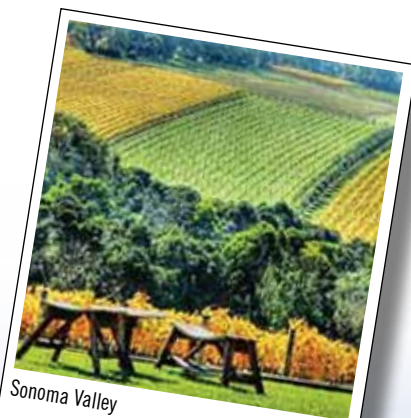
10:00 am – 5:00 pm

Heading north across the majestic Golden Gate Bridge and through Marin County brings you to the pastoral Sonoma Valley. Grapes and wine have been an integral part of the history of Sonoma since the beginning. The town of Sonoma sprang up around the last of the Franciscan missions in the 1830s. These missionaries planted the first California vineyards for their ecclesiastical wines. Visit one of the renowned wineries, where you will enjoy a tour of the wine-making facilities, followed by a sensory evaluation of the winery's premium varietals.

A stop at historic Sonoma Plaza, site of Mission San Francisco de Solano founded in 1823 will be the next highlight. General Gulupe Mariano Vallejo laid out the Plaza in 1834—which at eight acres is still the largest in California. You will have time to enjoy lunch on your own and explore the landmarks as well as the unique boutiques.

Price: \$83.00 per person

Cost includes round-trip transportation via deluxe motor coach, narration by professional guide, tour and tasting at one winery, and admission to the historic sites on Sonoma Plaza, taxes and gratuity.



Sonoma Valley



Chinatown

TOURS

**Reserve Your Tour Online Today
at Special ACA Prices!**

For more information visit:
counseling.org/conference/tours

Note: All proposed tours are subject to availability



Photos courtesy of San Francisco Travel Association.

REGISTER TODAY! counseling.org/conference or call 800-347-6647, x222 | 9

THE EXPO & ACA BOOKSTORE

More than 100 exhibitors will showcase the latest products and services.



Exhibit Hours:

Thursday, March 22 • 4:30 pm – 7:00 pm
Expo Grand Opening & Welcome Reception

Friday, March 23 • 10:30 am – 6:00 pm

Saturday, March 24 • 10:00 am – 4:00 pm



ACA Bookstore, Author Book Signings

See the impressive line of new ACA releases, books by keynote presenters, counseling classics, and much more. Have an idea for a book you'd like to write? Meet with the Director of Publications to discuss how to submit a book proposal. Converse with some of the most influential and distinguished counselors in the field while they autograph your copy at the ACA Author Book Signings!

And there's much more happening in the Expo:

- Snack lunch
- Receptions
- Cyber Center
- Poster sessions
- ACA Membership Resource Center
- Graduate Student/New Professional Center
- ACA Bookstore



CE CREDITS & ACA ACADEMY CERTIFICATES

Two ways to earn while you learn!

1 ONE

Obtain up to 35 Continuing Education Credits

CONTINUING EDUCATION CREDITS

You can earn one continuing education contact hour (CE) for each hour of attendance at:

- Pre-conference Learning Institutes (*separate registration fee required*)
- Keynote Sessions
- Education Sessions (*90-minute and 60-minute*)

Please note 30-minute poster sessions are not approved for CE credit.

Most attendees will be able to accumulate 17 CEs during the core conference days; however, you can earn up to 18 additional CEs by attending two full days of Pre-conference Learning Institutes. That way you can return home with up to 35 CE credits! Attendance is monitored and you must attend 100% of the session to receive credit. Partial credit will not be awarded.

ACA is pleased to provide electronic evaluations and continuing education credits to attendees. Complete a session evaluation for **each** session you attended during conference at the CE/Evaluation kiosks near the registration area or after the Conference at www.prolibraries.com/counseling. After the Conference, you will be able to print out a copy of your CE certificate from your home computer at no additional cost.

ACA has obtained CE approval from the following organizations:

- **American Psychological Association (APA)**. ACA is approved by APA to sponsor continuing education for psychologists. ACA maintains responsibility for these programs and its content. (*All advanced level Pre-conference Learning Institutes and select Education Sessions only.*)
- **Association for Play Therapy (APT)**. APT Approved Provider 09-265 (*select sessions only, which will be identified in the Program Book*)
- **California Board of Behavioral Sciences**. Courses meet the qualifications for CE credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences.
- **Commission on Rehabilitation Counselor Certification (CRCC)**
- **State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board** (*counselor CE credit only*)
- **NAADAC: The Association for Addiction Professionals**
- **National Board for Certified Counselors**. ACA is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.
- **Washington Office of Superintendent of Public Instruction**

2 TWO

Earn free frameable ACA Conference Academy Certificates

ACA CONFERENCE ACADEMIES

ACA Conference Academies are another way to demonstrate expertise in specific areas. Receive a frameable certificate recognizing your commitment to advanced knowledge. There are 20 Academy tracks to choose from!

- Addictions Academy
- Best Practices Academy
- Career Development/Employment Counseling Academy
- Child & Adolescent Counseling Academy
- College Counseling Academy
- Counseling Ethics & Legal Issues Academy
- Counselor Education & Supervision Academy
- Couples & Family Counseling Academy
- Group Work Academy
- Human Development Across the Lifespan Academy
- LGBTQ Academy
- Mental Health/Private Practice Academy
- Military Counseling Academy
- Multicultural Counseling Academy
- Rehabilitation Counseling & Disability Issues Academy
- School Counseling Academy
- Social Justice Academy
- Spirituality & Religious Values Academy
- Trauma/Disaster Mental Health Academy
- Wellness Academy



To earn a certificate, attend at least six 90-minute/60-minute Education Sessions from the approved list, as indicated in the Program Guide. All 6 sessions must be from the same Academy. **In addition, you must visit the Expo for at least 30 minutes and attend the Opening Keynote Session.**

You may submit an Academy form online for free. Certificates will be mailed two to three weeks after receipt of form.

For questions regarding CEs for this conference, or ACA Academies, please call 800-347-6647 x229.

PRE-CONFERENCE LEARNING INSTITUTES

Intensive full-day learning held just prior to the main ACA Conference • **March 21–22**



What You Should Know About LIs:

- *Separate registration rates apply (see box below)*
- *Register by December 15 and save! (Use the Registration Form on p. 29)*
- *25 Advanced level; 17 Introductory, selected by peer review*
- *Class sizes are limited and some fill up fast*
- *Intensive learning with well-qualified, highly-rated instructors*
- *Earn 6 CE hours per daytime session; 3 hours per evening session*

Key to Levels

Introductory

Suitable for all levels. Regardless of knowledge or skill level, participants will gain foundation knowledge required to enhance counseling skills.

Advanced

Suitable for those who have substantial working knowledge and skills in content area. Participants will refine and expand current expertise. LIs will also provide participants with current research on the topic.

2012 LI Rates	Super Saver		Advance		Onsite	
	By Dec. 15, 2011		By Feb. 15, 2012		After Feb. 15, 2012	
	Day	Evening	Day	Evening	Day	Evening
ACA/CCA Members						
Professional/Regular	\$140	\$95	\$170	\$125	\$210	\$165
New Professional/Student/Retiree	\$95	\$70	\$125	\$100	\$165	\$140
Non-Members						
General Attendees	\$200	\$155	\$230	\$185	\$270	\$225
Non-Member Student	\$155	\$130	\$185	\$160	\$225	\$200

ACA Division Acronyms

AACE - Association for Assessment in Counseling and Education

AADA - Association for Adult Development and Aging

ACAC - Association for Child and Adolescent Counseling

ACC - Association for Creativity in Counseling

ACCA - American College Counseling Association

ACEG - Association for Counselors and Educators in Government

ACES - Association for Counselor Education and Supervision

AHC - Association for Humanistic Counseling

ALGBTIC - Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling

AMCD - Association for Multicultural Counseling and Development

AMHCA - American Mental Health Counselors Association

ARCA - American Rehabilitation Counseling Association

ASCA - American School Counselor Association

ASERVIC - Association for Spiritual, Ethical, and Religious Values in Counseling

ASGW - Association for Specialists in Group Work

CSJ - Counselors for Social Justice

IAAOC - International Association of Addictions and Offender Counselors

IAMFC - International Association of Marriage and Family Counselors

NCDA - National Career Development Association

NECA - National Employment Counseling Association

Wednesday, March 21, Daytime Sessions 9:00 am – 4:30 pm

12001 Advanced

Motivational Interviewing for Clinical Supervisors

Barbara A. Jordan, MS

This LI is designed to provide supervisors with what they will need to implement and ensure the quality of MI among their supervisees. It includes a brief overview of MI concepts as well as an in-depth training on applying the techniques. Suggested audiences includes clinical supervisors and peer mentors who are both knowledgeable and skillful in the use of MI. Ideally, attendees will also have participated in at least an introductory MI course. Although attendees will receive materials that reinforce basic MI concepts and skills, it is not meant to be an introduction to MI.

12002 Advanced

Cybercounseling: Legal and Ethical Issues in Social Networking

Donna M. Ford, MS, Marlene M. Maheu, PhD

This LI focuses on legal and ethical issues having to do with social media, (i.e., Facebook, Twitter, Google, blogging, social bookmarking, commenting, reviews and ratings). Ethical issues include boundaries with clients, privacy and confidentiality, competence and training, counselor education and client education techniques. Legal issues include developing a risk management plan with jurisdictional and other licensing issues; malpractice insurance limitations; and a detailed discussion of a sample consent agreement to be used with clients. This legal discussion will end with the distribution of an informed consent addendum that you can then take to your legal counsel for adapting to your specific state law.

12003 Advanced

Critical Incidents in Military Systems: Systemic Case Analysis

Christian J. Dean, PhD, Catherine Stower, PhD, Neil Duchac, PhD

This LI will explore systemic case analysis on six different military family systems. Case vignettes will focus on the system but will surround an identified client who will be the service member or their spouse, child, or parent. An introduction to military systems and culture will be provided to assist in the identification of helpful terminology and systemic conceptualization. Diversity factors will include different racial, ethnic, gender, and sexual orientations along with different branches of service and components. Case conceptualization of the impact of military family lifestyles will be incorporated in the case analysis with participant contributions, role plays, and summaries.

12004 Introductory

Social Media and Counselors: The Hows, the Whys, the Shoulds, and the Whatfors

Marty Jencius, PhD, Debra London, MEd, Diana VanWinkle, MEd

Developing a better understanding of social media tools is essential for the today's counselors. Types of social media (microblogs/blogs, social networks, digital story telling, and virtual worlds) will be explored, including current social media usage and its applications in the field of counseling and counselor education. You will have a hands-on opportunity to join and practice a variety of social media platforms during this LI. Ethical considerations of use in counseling will be infused throughout the presentation. You will have access to a website and receive a CD with relevant social media resources and links.

12005 Introductory

The Many Facets of Grief

David Capuzzi, PhD, Mark David Stauffer, PhD

Since loss is connected with many life experiences, (e.g., death of a significant other, career reversals and disappointments, relationship endings, moving, changes in health status, aging, absence of expected life experiences), there are many circumstances in which counselors and therapists are called upon to assist clients with the bereavement process. Guidelines and techniques related to working through loss issues will be given. A varied, experiential format will be utilized.

12006 Introductory

Uncomfortable, Unthinkable, and Untouchable! Confronting Counselors' Personal Histories in the Clinical Hour

Tamara G. Suttle, MEd

Far too little attention has been paid to addressing the sensitive and often complex histories of counselors that, in turn, influence the clinical hour. Sex, death, money, boundaries, people-pleasing, suicide, size, personal safety, obsessions, avoidance, secrets, boredom, bodily functions, personal loss, dreams, and fantasies, are a few examples. Those histories . . . that often remain largely unspoken and unacknowledged . . . still matter and can even inform the critical choices we make with our clients every hour of the day. This experiential LI provides an opportunity for counselors to "float up" those overlooked and unspoken topics, explore how they affect us during the clinical hour, and provide ethical steps to addressing these issues.

12007 Advanced

Essential Skills for Disaster Mental Health and Crisis Counseling

Jane M. Webber, PhD, Karin Jordan, PhD, J. Barry Mascari, EdD, Michael Dubi, EdD, Gerard Lawson, PhD, Fred Bemak, EdD

Are you prepared to respond in the aftermath of a mass disaster or traumatic event? Presenters will conduct hands-on skills training that integrates evidence-based practices and neurobiological advances in crisis and trauma treatment. You will learn practical skills needed for psychological first aid, crisis response, trauma counseling, defusing, and debriefing. You will have the opportunity to role play the reactions of survivors and disaster

mental health responders in a post-disaster simulation exercise. You will prepare a counselor self-care plan that addresses the impact of compassion fatigue and vicarious traumatization in disaster mental health work.

12008 Introductory

CPR Therapy: Choice Processing and Resolution Bringing Abortion After-Care Into the 21st Century

Trudy M. Johnson, MA

CPR Therapy is the first therapy model professionals can use to help clients process grief after a voluntary pregnancy termination. This LI will help therapists understand why they should implement choice processing and resolution in their practice. Almost 40 years after its legalization, abortion is a household word in our culture. Disenfranchised grief over a voluntary pregnancy termination can affect therapy outcomes. The presenter herself worked out abortion grief and presents the subject with complete compassion and neutrality.

12009 Advanced

Counseling Challenging Teenagers

John Sommers-Flanagan, PhD

Counseling teenagers can be immensely frustrating or splendidly gratifying. Sharpen your counseling skills by viewing and discussing video clips from actual counseling sessions and participating in live demonstrations. Over 20 specific cognitive, emotional, and constructive counseling techniques will be illustrated and demonstrated. Examples include acknowledging reality, informal assessment, the affect bridge, counselor spontaneity, early interpretations, asset flooding, externalizing language, and more. Counselor countertransference and multicultural issues will be highlighted.

12010 Advanced

What Great Group Leaders Do Better Than Everyone Else: Using Theories, Exercises, and Engagement Skills

Ed E. Jacobs, PhD, Chris Schimmel, EdD

This LI will focus on three advanced skills of group leading that great group leaders have mastered: the use of theories; how to get maximum benefits from group exercises; and how to engage all members when working with one member. For each of these components, there will be discussion and demonstrations showing you how to be more effective. Four different theories will be presented. Many different kinds of exercises will be discussed, the different ways to process exercises will be demonstrated, and common mistakes will be presented. The skillful use of group members when working with one member will be discussed and demonstrated.

CCA Sponsored Session

12011 Introductory

Design for Dying: Preparing for End-of-Life

Thomas Nickel, PhD

Preparation for dying is not about a single, faraway event. It's

about a condition of life that influences everything we do, every decision we make. This Institute uses presentations, activities, and discussion to show how counselors can help others in overcoming anxieties, working through important choices, and talking about values and preferences with possible caregivers.

Wednesday, March 21, Evening Sessions

5:30 pm – 8:45 pm

12012 Advanced

School Counselor Anti-Racist Competencies for Combating Racism

Shannon D. Smith, PhD, Jesse Brinson, EdD

A major gap in school counseling is the absence of professional standards to address racism in schools. This LI introduces the School Counselor Anti-Racist Competencies as a means to address this gap. The proposed competencies are outlined utilizing key domains of knowledge, awareness, skills, and advocacy. Through case examples and group discussions, you will learn how to apply these competencies to the ASCA National Model and align them with the National Standards. You will also learn how to infuse them into your school counseling program, school policies and procedures, and align them with state and national initiatives.

12013 Introductory

Yoga and Breathwork: Helping Clients Integrate Mind, Body, and Spirit for Optimal Wellbeing

Suzanne Degges-White, PhD, Cora Hopkins, PhD

An intimate connection exists between the mind, body, and spirit and this session will offer an opportunity to learn about and experience yoga and mindfulness as methods of enhancing overall well-being for yourself and your clients. We will offer evidence-based techniques from yoga that can be used in practical ways in the clinical setting, including the use of prana yama (yogic breathing) to calm the mind and lead to greater self-awareness. In this experiential LI, a variety of meditation techniques will be presented including guided meditation, which has been empirically shown to heal trauma, find solutions, and decrease stress. No prior yoga experience is necessary.

12014 Advanced

Advanced Adlerian Techniques for Use With Body Image Issues and Eating Disorders

Susan Belangee, PhD

This LI provides deeper understanding of and practice with Adlerian theoretical principles and techniques and the application of these with body image and eating disorder issues. Counselors already knowledgeable and using some of Alfred Adler's ideas in practice will find the most benefit from this LI. Techniques include lifestyle assessment, early recollections, family dynamics, purposefulness of behavior/symptoms, and social interest. It is also assumed that attendees have knowledge

of eating disorders beyond the basics. You will receive a booklet containing detailed ideas and methods for using the techniques.

12015 Introductory

Psychopharmacology: All You Ever Wanted To Know but Didn't Know Who To Ask

Graham B. Lee, MA

There is a serious lack of information for mental health counselors as psychoactive medicines and mental health interventions have been shown to mutually interact. A review of the medicines taken by a client at intake means nothing if the counselor is unaware of this fact. In the same way, knowledge of non-psychoactive pharmaceuticals and their effects should also be known to counselors performing intake, as many Axis III conditions and treatments are able to reproduce psychological symptoms without the presence of a psychological condition. It is more important than ever now that counselors are being pressured by insurance companies to use evidence-based treatments and limit the number of sessions.

12016 Advanced

The Season for Self-Care

Virginia A. Magnus, PhD, Wanda P. Briggs, PhD, Susan Furr, PhD, Kathryn Hunsucker, MA

Self-care is fundamental to maintaining good judgment, insight, and competence for individuals who work in the helping professions. Yet, the concept of self-care loiters somewhere in the background of the mind for many of us until we encounter challenges in either our personal or professional lives. Therefore, understanding and developing an awareness of vicarious trauma, empathy fatigue, stress management, and wellness is vital and demands a consciousness and appreciation for the power associated with self-care. This LI explores some of the challenges related to self-care.

12017 Introductory

Developing Cultural Competence With LGBTQ Clients

Pamela S. Lassiter, PhD, Kristina Acosta, MA, Adrienne Erby, MA, Robert Kitzinger, MA

As counselors become more aware of LGBTQ issues in counseling, additional training is needed to effectively provide services to this population. Though many counselors desire to become active allies of the LGBTQ community, they often feel they lack the education and skills to support their clients. This LI will provide an introductory level of LGBTQ issues in counseling, including counselor self-awareness, privilege and oppression, identity development, substance abuse, health issues, and school counseling. You will develop skills to address LGBTQ issues in counseling, learn ways to become LGBTQ allies in your environment, and receive a tool kit of materials to assist in your advocacy efforts.

12018 Advanced

Brief Emotion Focused Couples Relationship Enhancement: Improving Attachment Security, Intimacy, Stability, and Satisfaction

Barry G. Ginsberg, PhD

Emotion Focused Relationship Enhancement Couples Therapy is a uniquely respectful, collaborative, time-designated, and powerful intervention/prevention approach. Couples learn relationship skills that incorporate empathy, non judgment, acceptance, attachment and emotional regulation; then they practice and integrate these skills into their everyday lives. This fosters improved softening, emotional engagement, and acknowledgment of the underlying positives, elements essential to satisfying and stable relationships. Didactic, discussion, role-play, and videotape methods will be utilized.

12019 Advanced

Addressing Diversity Through Child-Centered Play Therapy: Focusing on the Skills

Angela I. Sheely-Moore, PhD, Peggy Ceballos, PhD, Phyllis Post, PhD

Counselors who have experience in play therapy will gain greater awareness, increased knowledge, and experience using child-centered play therapy while addressing considerations about the approach in a multicultural context. After a brief review of the theoretical background, this highly experiential LI will provide you the opportunity to both observe and practice the skills of child-centered play therapy with a focus on multiculturalism. APT CE credit available

12020 Introductory

Chasing the American Dream: An Experiential and Practical Journey Toward Understanding Social Class in Counseling

Debbie C. Sturm, PhD, Kathy Biles, PhD, A. Renee Staton, PhD, Donna M. Gibson, PhD

Experiences of social class impact multiple aspects of an individual's view of self and the world. The intent of this LI is to provide a meaningful and comprehensive look at the intersection of social class and the helping professions from not only a sociological perspective, but also from a practical clinical perspective. You walk away from this experience with a clearer understanding of social class as it relates to self as well as the tools and confidence to open a meaningful conversation with your clients.

12021 Advanced

Expressive Arts in Clinical Supervision: Using Mandalas To Enhance the Supervisory Working Alliance

Kelly A. Dunbar, PhD, Daniel B. Kissinger, PhD

This LI offers a unique opportunity to broaden one's understanding of the use of expressive arts techniques in supervision. To begin, the broader theme of expressive arts in supervision will be discussed. This will be followed by the results of a study that examined specifically the impact of one unique form of creative expression, the mandala, on the supervisory alliance in triadic supervision. Participants then will be given the opportunity to practice the technique.

CCA Sponsored Session**12022 Introductory****Identifying and Intervening in Bullying Behaviors in the School Setting***Dianne L. Logan-Parr, MA*

The presenter is currently conducting quantitative research on bullying and relational aggression in the school setting. Bullying behaviors will be defined and characteristics of participants will be described. Various bullying behaviors will be identified, including cyberbullying, indirect, direct, and other practices. Interventions to reduce the behavior will also be discussed. Bullying behaviors have an impact on all students in the school setting. Research indicates the bullying behaviors affect students' attendance, academic performance, and social relationships. Interventions will make schools safe for all students.

Thursday, March 22, Daytime Sessions**9:00 am – 4:30 pm****12023 Introductory****Counseling Theory in Practice***Gerald Corey, EdD, Jamie Bludworth, PhD*

This LI is an overview of key concepts and techniques based on these theories: psychoanalytic, Adlerian, existential, person-centered, Gestalt, behavioral, cognitive-behavioral, rational emotive behavior therapy, cognitive therapy, reality therapy, solution-focused brief therapy, narrative therapy, feminist therapy, and integrative approaches to counseling practice. Emphasis is on the value of developing a systematic way of drawing on various techniques that are applicable to counseling diverse client populations.

12024 Introductory**The Many Faces of Cyberbullying: An Educational Guide for School Counselors***Shenika J. Jones, MEd, Eli Branscome, MA*

The exploration of current issues of cyberbullying reveals the complexity of the problem. This seminar is designed to provide a research-based approach for school counselors to help in combating the increasingly negative effect of social media sites on school dynamics. Traumatized youth are being mutilated by peers through the means of residential technology, and the issues bred at home and in the community eventually transfer directly into the school environment. Via lecture, relevant case studies, and experimental learning, school counselors will receive practical tools to use when counseling targeted students, implementing programs aimed at prevention, and engaging in advocacy for the safety of all students.

12025 Advanced**Treating Perpetrators of Intimate Partner Abuse and Child Abuse With a Comprehensive Intervention Program***Kerin Groves, MS*

This session LI presents the basic components of an offender program from intake to discharge. Going beyond a traditional psycho-educational curriculum, you'll learn to effectively apply Cognitive-Behavioral Therapy, Reality Therapy, and Motivational Interviewing (in group and individual sessions) to facilitate change in even the most resistant mandated clients. The emphasis is on assessing, treatment planning, and goal setting to implement accountability, increase stake in conformity, build empathy, and reduce barriers to change. A basic background in the dynamics of family violence is a prerequisite. Research on offender profile types will be examined, specific clinical skills will be highlighted, and best practices will be explored.

12026 Introductory**Thriving in Private Practice: Philosophy and Strategies for Building a Counseling Business***Anthony J. Centore, PhD*

Counseling programs teach client care well, but are often deficient at educating practitioners on the business of counseling. This session is a crash course in running an innovative and successful counseling practice. Topics include: creating a company identity, staffing, core operations, clinical services, innovation, and marketing.

12027 Advanced**Brief Solution-Focused Counseling (BSFC) in Schools: Advanced Skills and Techniques***John J. Murphy, PhD*

BSFC is a highly practical, research-based, culturally responsive approach to school behavior problems from preschool through high school. Techniques include everyday strategies for building cooperative alliances with hard-to-reach students, obtaining systematic client feedback, creating customized interventions from students' unique strengths and resources, and building solutions by changing the viewing and doing of the problem. Videotaped and live demonstrations, experiential exercises, and practice activities are used to increase the practical application.

12028 Advanced**When the Going Gets Tough: Today's Challenges and Triumphs for Administrative Supervisors in Counseling***Patricia Henderson, EdD, Richard Ponton, PhD, Elias Zambrano, PhD, Alan Cavaola, PhD, Suzanne D. Mudge, PhD*

Budget cuts, cost increases, insurance restrictions, personnel problems, increased competition...the challenges go on and on. Administrative supervision is not for the faint of heart! This LI outlines a framework of effective and ethical administration and strategies for management in turbulent times. Learn skills to promote excellence and engagement in employees, enhance consumer connections, and develop strategies for organizational success. Applying the best practices of business to counseling leadership, you will leave this energizing and interactive LI with tools for triumph in troubling times.

12029 Introductory**Allies for All: Skills for Working With LGBTQ Individuals Throughout the Life Span**

Patricia E. Robertson, EdD, Janna Scarborough, PhD,
Rebekah Byrd, PhD

Although core counseling processes are necessary for working with LGBTQ individuals, they are not sufficient. Given unique concerns, needs, and experiences across the lifespan, specialized awareness, knowledge and skills are needed for effective counseling service delivery for this diverse population. Awareness of personal and societal values as well as homophobia will be explored. Sexual and gender identity models, ethical and systemic issues, and unique LGBTQ concerns (including within group diversity) will be discussed. Through various activities, emphasis will be on skill development of appropriate counseling, and systemic intervention strategies for various work settings (schools, agencies, higher education).

12030 Advanced**Culturally-Responsive Play Therapy With Young Traumatized Children**

Sue Bratton, PhD

Explore the therapeutic use of play in counseling with young, traumatized children within a humanistic, developmental, culturally-responsive, and evidence-based framework. Play is a universal language that allows counselors to understand and help young traumatized children from diverse cultures who may have difficulty expressing themselves meaningfully through words alone, particularly for young children with a history of interpersonal, often preverbal trauma. Based on presenters' experience and substantial research, strategies and cultural considerations for working with this population of children and their caregivers will be presented and demonstrated through video demonstration and case examples. *APT CE credit available.*

12031 Advanced**Sexual Healing: Learning To Be Confident in Providing Sexuality Counseling**

Donna Gibson, PhD, Wendy Dupkoski, MS

The majority of professional counselors are not prepared to provide adequate sexuality counseling in practice. This LI will focus on providing knowledge and skills in a multisensory learning format that will improve your ability to provide sexuality counseling. The foundation of this experience will be built on gaining awareness of beliefs, values, and personal experiences regarding sexuality. You will learn about a sexuality counseling process that will include assessment, counseling, and maintenance. Specific topics also will be discussed, such as sexual minority clients, sexual trauma, male/female sexual dysfunction, and health concerns that have an impact on sexuality.

12032 Advanced**Neurotherapy and Neurofeedback: Essential Counseling Interventions for Psychological and Behavioral Problems**

Lori Russell-Chapin, PhD, Theodore Chapin, PhD

Neuroscience is making a difference in the way we all conduct counseling. Learn about essential interventions for psychological and behavioral problems using neurotherapy and neurofeedback (NF). The definition of NF will be presented, along with supporting research and efficacy rates. A DVD neurofeedback demonstration will be observed and participants will have the opportunity to practice several biofeedback and neurofeedback applications.

Thursday, March 22, Evening Sessions

5:30 pm – 8:45 pm

12033 Advanced**Neurology and Psychopharmacology: Current Medications, How They Work, and the Counselor's Supportive Role**

Elisabeth D. Bennett, PhD, William Bennett, MD

Counselors can play a critical role in supporting the maintenance/compliance of clients to the regimen prescribed by the medical professional. The counselor is best able to do so if he or she has knowledge and an understanding of the effects of medication and potential side effects and related issues. This presentation reviews neuroanatomy and function, provides an understanding of classes of medication and specifics regarding the most commonly prescribed medications, and defines and discusses the role of the counselor.

12034 Introductory**A Survey of Military Veteran's Concerns and Counseling Intervention Strategies**

Kananur V. Chandras, PhD, Sunil V. Chandras, HT(ASCP)

This LI is a research study conducted on military veterans to ascertain their concerns and to present varied counseling intervention strategies to assist veterans. There will be group discussion, case presentations, and handouts on veteran problems.

12035 Advanced**Implementing Latino Counseling Competencies in Clinical Supervision: Culturally Responsive Practices in Action**

Maritza Gallardo-Cooper, PhD, G. Miguel Arciniega, PhD, Zoila Tovar-Blank, PhD, Diane Estrada, PhD, Adelaida Santana-Pellicer, PhD

This LI presents an iconic Latino-sensitive supervision model that unveils critical processes not commonly evident in mainstream supervision dialogues. Characteristics of the supervisor, supervisee, and client and the specific supervision dyad dynamics generated are analyzed through critical factors of power differential, language, gender, acculturation, identity, socialization, class, values, and socio-historical variables. The model addresses all aspects of Latino diversity and explores ethical dilemmas.

12036 Introductory**Counseling Immigrant Clients: Research, Practice, and Advocacy**

Angela Coker, PhD, Richard W. Williams, PhD, Stacey Reicherzer, PhD, Lisa Schulz, PhD, Selma D. Yznaga, PhD, Rhonda Bryant, PhD, Joan Williams, PhD, Patricia Keller, MA

In the 1990s, immigration increased 57% and in the past decade, the U.S. witnessed a 21% increase. In recent years, political and social attitudes have contributed to the challenges of immigrant groups that have added to social, political, and economic problems which in turn have led to growing discrimination and mental health concerns. The purpose of this LI is to examine the unique challenges immigrants face and the ways in which counselors can serve the needs of this diverse and growing population.

12037 Advanced**Parents and Child-Centered Play Therapy: Strategies for Building Partnerships To Help Children Heal**

Phyllis Post, PhD, Emily J. Donald, MA, Peggy Ceballos, PhD

Working with parents of children in play therapy can be intimidating to play therapists who do not have a framework and strategies. Effective consultation with parents is an essential part of improving outcomes in play therapy. This LI will provide you with strategies for working with parents for the entire play therapy process from initial meeting to termination. The presenters will cover the importance of working with parents to create measurable therapy goals related to what happens in the playroom. *APT CE credit available.*

12038 Advanced**The Power of Sand Tray Therapy: Creative Techniques for Therapeutic Disclosure, Mastery, and Healing**

J. Barry Mascari, EdD, Jane M. Webber, PhD

You are invited to explore the power of sand tray therapy, an expressive modality that accesses the client's inner world and promotes therapeutic disclosure and healing when talk therapy may not be effective. We will describe how to set up your sand tray room, build an inexpensive collection of diverse miniature figures, and integrate sand tray therapy into your counseling sessions. You will have the opportunity to select figures and build a personal scene to experience the sand tray process. We will present universal concepts and symbols in sand trays and demonstrate creative interventions using sand tray with children and adults.

12039 Introductory**Advancing Your Suicide Prevention, Assessment, and Intervention Skills: Practical Information for Counselors**

Darcy Haag Granello, PhD, Paul F. Granello, PhD

Suicide is the 11th leading cause of death, and the 2nd leading cause among adolescents, yet the average amount of time spent on the topic of suicide in counselor education programs in less than one hour. This LI will provide participants of all

skill and experience level, in all types of settings, with concrete, practical information on suicide assessment, prevention, and intervention. An extensive booklet of information will provide more details and depth for participants to implement prevention programming in schools and communities, and to conduct culturally and developmentally appropriate risk assessments as well as a 7-step model for intervention.

12040 Advanced**Adlerian Brief Counseling Techniques: Advanced Procedures for Working With Individuals and Families**

Richard E. Watts, PhD, Amanda C. Healey, PhD

This LI will focus on providing information regarding the implementation of Adlerian counseling techniques in a variety of brief counseling situations involving individuals and families. Each technique will be discussed with regard to its purpose in the counseling process, possible uses as it relates to client readiness, and points in the counseling process at which it may be most beneficial to implement each intervention reviewed. Selected techniques will be demonstrated and attendees will engage in various exercises to practice the techniques. Case examples will be introduced to highlight key points and issues that may arise during implementation in brief settings.

12041 Advanced**Understanding Issues Confronting African American Male College Student-Athletes**

Henry L. Harris, PhD

African American males represent a significant proportion of college student-athletes participating in revenue producing sports. And while many have aspirations to play professionally, only a small percentage will have this opportunity. Therefore it is imperative they attain a solid education. This interactive LI will address some of the unique challenges faced by African American male student-athletes from some elements of the Critical Race Theory (CRT). Suggestions will also be offered to participants working with this unique population.

12042 Advanced**How Does That Make You Feel? An Introduction To Affect Regulation in Counseling**

Joseph B. Cooper, PhD, Dixie Meyer, PhD

From anxiety disorders to trauma and addictions, many mental health problems are characterized by a disruption in our client's ability to manage affect. Based on theory and research, this interactive presentation reviews the neurobiology of affect regulation and how affect dysregulation is a causal factor in emotional disorders. You will learn counseling interventions—based on Intensive Short-Term Dynamic Psychotherapy—that are designed to enhance the client's ability to improve healthy affect regulation and the management of their in-session anxiety. Case examples, role-plays, and videotape session excerpts will be used to illustrate these concepts.

EDUCATION SESSIONS

Choose from more than 450 sessions!



- **More than 80 Advanced Level Sessions!**
- **31 categories**
- **Earn up to 17 CE credits**

To ensure the highest level of quality, all session proposals were screened by the ACA Conference Program Selection Committee, a diverse group of experienced counselors and educators from multiple specialties. Only 32% of session proposals were accepted.

Note: Sessions sponsored by ACA Divisions are indicated with the Division acronym after the title. See p. 12 for list of acronyms.

See p. 7 for Education Sessions sponsored by the California Counseling Association (CCA).

Poster Sessions are not included in the listing below. To view Poster Session titles, go to counseling.org/conference.

Check counseling.org/conference for current listing as Education Sessions are subject to change.

New! Counseling in Action Demonstration Series

Learning about new techniques and strategies to use with your clients is one thing, but seeing them in action is another. This new series, which will debut in San Francisco, is designed to bring life to the latest theories, techniques, and best practices so that you gain a deeper appreciation of how to actually implement them in your work.

ACA is currently exploring the following topics for possible inclusion in this new series:

- Pre-transition counseling for transsexual clients
- A constructivist approach to career counseling
- Addiction counseling with senior citizens
- Emotionally-focused therapy for couples
- Implementation of a remediation plan for graduate counseling students
- A solution-focused approach to family counseling
- Counseling the offender in school bullying
- The creative art therapies in action
- A motivational counseling approach to prison counseling



Addictions, Offenders, and Correction Counseling

IAAOC Graduate Student Carousel: Research to Practice (IAAOC)

On the Road to Self-and-Other Forgiveness: Navigating Clients' Extreme Levels of Shame and Guilt

School-Based Continuing Care for Adolescents With Substance Use Disorders: Principles for Sustaining Recovery in High School

Telephone Counseling for Smoking Cessation: What's the Buzz About Quitlines?

There's an Elephant in the Room . . . Do You See It?

Screening and Assessment for Sexual Addiction (IAAOC)

Advanced

Stigmatization of Adolescents Who Use Alcohol and Marijuana: A Counseling Concern

Suggestions for Integrating Substance Use Disorders Into the Professional Counselor Licensure Process (IAAOC)

Assessment, Testing, and Program Evaluation

Decreasing Dropout and Increasing Outcomes: Evaluating the Effectiveness of Systematic Measurement for Counselors (AACE)

Diversity in Clinical Assessment: Considerations, Trends, and Standards (AACE)

Advanced

Adlerian Personality Priorities: Confirming the Constructs

Faculty's Perceived Purposes of the Comprehensive Examination in Doctoral Counselor Education Programs

Student Learning Outcome Assessment: Creating Assessment Measures (AACE)



Best Practices

Advanced

- Best Practices in Marriage and Family Counseling (IAMFC)
- Error-Centric Practice: What We Can Learn From Super-shrinks To Turn Counselor Errors Into Client Success
- Master Counselors: Who are They and How Do You Become One?
- Motivational Interviewing (MI): Helping Clients To Change Neuroscience, Stress Management, and Substance Abuse Counseling: Suggestions for Effective Integration
- Partnerships and Urban Youth: Visioning a Positive Future for Multicultural Adulthood Transition
- This Is Your Brain on Counseling: What Counselors Need to Know About Neuroscience and Brain Function
- Transformando Vidas a través de la Literatura: El Poder de los Cuentos y la Narrativa entre los Latinoamericanos

Career Development and Employment Counseling

- A Response From the Counseling Profession to the Insecure World: A Proposal (NCDA)
- Bullying in the Workplace: Yes, It's Real and It Needs To Stop. Now. (NECA)
- Career Counselors: The Missing Link in the Retention Efforts of African American Men in College
- Challenges and Strategies in Career Counseling Undocumented Immigrant Youth
- Making Money in the 21st Century. The Latest and Greatest Labor Market Facts (NECA)
- The Hope-Centered Model of Career Development and Inventory: A New Approach to Effective Career Counseling (NCDA)
- The Science and Art of Emotional Intelligence and the Interactive Role It Plays in Intergroup and Workplace Wellness (NECA)
- Unlocking Client Creativity: Using Collage for Vocational Assessment (NCDA)
- What To Do When the Pink Slip Harkens (NECA)

Advanced

- Essential Career Wellbeing: Strengths, Relationships, and Passions

Child and Adolescent Counseling

- Best Practices Regarding the Challenges of Informed Consent, Ethics, and Diversity When Counseling Minors
- Child-Centered Filial Family Therapy: An Attachment-Based, Emotion-Focused, and Skill Training Approach (IAMFC)
- Dialectical Behavior Therapy With Adolescents Who Are Difficult To Treat: Interventions and Techniques for Counselors
- The Autistic Spectrum: What Counselors Need To Know
- Transitioning Into Adulthood: Best Practices for Assisting Clients in the Child Welfare System in Overcoming Challenges
- Treating Adolescents With Posttraumatic Stress Disorder (PTSD) in a School Based Setting

Advanced

- Baby Power: The Impact of Infants and Toddlers on the Family System as Part of the Clinical Process
- Developmental vs. Pathological: DSM-5 and Gender Identity Disorder in Childhood
- Vietnamese Americans Perceptions of Play and Counseling

College Counseling

- College Counseling in the Campus Setting (ACCA)
- Employment and Relationship Stress for Young Adults: Spirituality and Practical Coping Strategies (AADA)
- LGBT With a Disability: What College Counselors Should Know
- Outreach Programming in College Counseling (ACCA)
- Student Development Theory and College Counseling (ACCA)
- Using Ethnic Identity Theory and Research To Promote Positive Development in Minorities of Color

Counseling Theory

- Developmental Relational Counseling: Growth in Context (ACC)
- From Social Systems to Social Constructions: Paradigm Transitions in Counseling Theory
- Queer Clients: What's in a Label? Queer Theory, Queer Identity, and Counseling Outside the Box

Advanced

- Humanistic Perspectives on Contemporary Issues in Counseling, Counselor Education, and Supervision
- Internal Control Therapy: A "New" Counseling Approach Focused on Promoting Psychological Freedom and Mental Empowerment
- Reflecting As If: An Encouragement-Focused Brief Counseling Process
- Solution-Focused Counseling for Eating Disorders

Counselor Education and Supervision

- Collaborative Gatekeeping: A Systemic Approach to Counselor Training
- Creative Activities To Help Counseling Students Explore White Privilege
- DSM-5 in Crisis: Extreme, Unsupported Revisions Have Significant Implications for Counselor Education and Supervision (ACES)
- Examining The Experience: An Investigation of the Students' Perceptions of Their Multicultural Training (AMCD)
- Gatekeeping From Admission to Graduation: Screening, Annual Review, Due Process, Remediation, and Retention
- Introduction to the CACREP 2016 Standards Revision Process
- Respect the Power: Understanding the True Power Differential in Cross-Cultural Supervision
- Teaching Social and Cultural Issues From Multiple Perspectives: A Practical Guide
- The Doctor of Professional Counseling (DPC) Degree: The Next Step

EDUCATION SESSIONS



The Impact of Racial Identity Development on the Supervisory Relationship

The Shock of Confronting One's Cultural Incompetence: Supervision and Steps to Growth for the Student Counselor
Who Are We? Promoting the Clinical Mental Health Counselor Identity (AMHCA)

Advanced

Encouraging the Cognitive Development of Supervisees: Using Bloom's Taxonomy in Supervision
Overcoming Resistance and Deepening Cognitive Empathy and Cultural Competence by Addressing Spirituality in Supervision
Salutogenesis in Supervision: Creating a Positive Supervisory Relationship Through Strength-Based Intervention

Couples, Marriage, and Family Counseling

International Advances in Marriage and Family Counseling (IAMFC)
Managing Pseudoengagement: Implications for Counseling Mexican American Families
Pregnancy and Child Loss: A Systemic Look at Client and Partner Needs for Recovery
Smart Soul Mates – Successful Relationships: 12 Positive Principles for Long-Term Relationship Development and Flourishing

Advanced

Addressing Career Issues With Couples and Families: Techniques for Assessment and Intervention
Counseling Adoptive Families: Post-Adoption Treatment Services
Counseling for Couples With Intimate Partner Violence: How Do You Know When It's Safe To Proceed?
Perfectionism and Relationships: Is Having the Perfect Partner Helpful to Relationship Quality?
The Family Bears the Burden: Counseling Families of Children With Life-Threatening or Critical Illness

Creativity in Counseling

Creativity in Counseling: The SCAMPER Model
Emergent Theory Among Counseling Professionals Utilizing Animal-Assisted Therapy
Leaving Your Heart in San Francisco (or Other Places): Creative Strategies for Addressing Heartbreak (ACC)

Advanced

Creative Techniques for Teaching Key Concepts in Required Courses in Counselor Education Programs (ACC)
Neuroscience and Counseling: Movement, Music, and the Miracle Question

Diagnosis and Treatment

A Relational Cultural Approach to Working With Eating Disorders (ACC)
A Three-Level Model of Suicide Assessment, Intervention, and Reporting

Behavioral Addictions: Assessment and Treatment
Clinical Foundations in College Counseling (ACCA)
Counselors' Attitudes Toward Female Survivors of Intimate Partner Violence: Gender Role Attitudes and Ambivalent Sexism
Dialectical Behavior Therapy: An Introduction and Useful Techniques for Mental Health Counselors
DSM-5 Update: Presentation by the ACA DSM-5 Proposed Revision Task Force
Preventing Suicide: Applying the Unconditional Suicide Assessment Treatment Tool With Bullying Victims
The Loss of Normal Grief? The DSM-5 and Bereavement
What Do Your Clients Really Believe? Processing Deeply Held Beliefs in Treating DSM-IV-TR Disorders (AMHCA)

Advanced

Alcohol Use Disorder: Clinical Case Evidence for the Continuity Hypothesis
DSM-5: Field Trial Results and Recent Revisions
Healing Trauma: Balancing the Science of Research With the Art of Therapy
Mindfulness-Based Approaches in the Treatment of ADHD
Non-Suicidal Self-Injury and the DSM-5: Factors To Consider
Pathological Gambling as an Addictive Disorder in the Revised DSM (DSM-5)
The Challenges of Diagnosing Cross Culturally With the DSM-5
The Pathological Is Political: Feminist Perspectives on the Changes in the DSM

Disaster Mental Health

Counseling for Trauma: A Sandtray Approach
Culture-Centered Perspectives on Disaster Response: India's Community-Based Approach to Disaster Mental Health
Strategies for Disaster Mental Health: Lessons From the Field
Using EMDR With Crisis Intervention and With Vets and Their Families

Advanced

Developing a Psychosocial Approach to Disaster Response in Haiti (AMCD)
Disaster-Trauma Response: Addressing Needs of Survivors Fulfilling DSM-IV-TR Substance Use Disorders or in Early-Mid Recovery
Earthquakes and Tremors, When the Earth Shakes: Lessons Learned From the Chilean Experience Through Research and Practice
Responding to Disaster: The Development of an Agency Crisis Response Team
The Human-Animal Bond at Its Best! Animal-Assisted Crisis Response
Tools of the Trade: A Resource-Rich Model for Teaching Disaster and Trauma Skills for Counselors
With Crisis Comes Opportunity: Counseling Children and Adolescents in the Aftermath of a Disaster



Ethics and Legal Issues

- Counselors in the Courtroom: Ethical and Legal Issues
- Current Trends in Ethics: A Discussion With the ACA Ethics Committee
- Houston... We Have a Problem: How to Utilize a Legal/Ethical Decision-Making Model
- The 'Convictions of Conscience' Clause: Clinicians and Consumers Beware

Advanced

- El Desarrollo Evolutivo de un Código de Ética: Manejo de Elementos Éticos
- The Millennial Generation Culture and the Consequences of Their Transparency: Managing Technology and Social Media Issues
- Therapist's Values and Discriminatory Referral Practices: Ethical Dilemmas in Making Referrals to Other Mental Health Providers
- Understanding an Ethical Sanctioning Experience: Falling From Grace
- When Ethics and Law Collide: How State Licensure Boards Implement (or Don't) Codes of Ethics

Gerontological Counseling

Advanced

- Enhanced Cognitive Behavioral Techniques for Older Adults
- Mindfulness and the Elderly: Approaches for Mental Health Counselors To Reach an Under-Served Population

Graduate Student Issues

- "Do Ask, Do Tell": Current LGBTQ Issues in Counseling for Graduate Students and New Professionals
- Becoming a Professional Counselor
- Graduate Student Concerns: Finding Your Way Through Grad School and Beyond
- Insider Tips: Landing That First Counseling Job
- What Graduate Students and New Professionals Need To Know About Mindfulness
- What Graduate Students and New Professionals Need To Know About Social Media

Group Work

- Group Counseling Methods for All Abilities (ACEG)
- Group Workers as Multicultural and Social Justice Change Agents: Introducing the Revision of the ASGW Diversity Principles (ASGW)

Advanced

- Beyond Words: Integrating Creativity and Mindfulness Into Group Work (ASGW)
- Group Work in Action: Facilitating Courageous Conversations on Race, Power, and Privilege

LGBTQ Issues

- Beyond Coming Out: Clinical Work With LGBT Individuals in Later Stages of Identity Development
- Bisexuality: The Silent B in the Alphabet Soup of the LGBTQ Community
- Diversity Within the LGBT Population on College Campuses: How Counselors and Student Affairs Professionals Can Be Advocates (AADA)
- Fostering the Development of LGBT Allies Through Dialogue (ALGBTIC)
- Intersectionality of Identity: A Dialogue With Queer People of Color (ALGBTIC)
- Intimate Partner Violence Among LGBTQ Couples: What Counselors Need To Know
- Serve and Protect in Private: A Look at LGBT Concerns for Members of the Military

Advanced

- Affirmative Counseling for Sexual and Gender Minority Clients: Connecting Counseling Theories and Techniques
- Resources in Action: Making Schools Safe for Our LGBTQIA Students (ALGBTIC)
- The Transgender Liberation Struggle and the DSM-5: Examining Power and Paradox in Our Roles as Counselors (ALGBTIC)

Military Issues

- A Framework for Promoting Thriving in Adolescents With Absentee (Deployed) Parents
- Back on Track: Recovery for Veterans With Mental Health, Cognitive, and Substance Use Issues in the Criminal Justice System
- Creating Healing Communities: Developing Community-Based Support Services for Military Veterans and Their Families
- Helping Them Cope: The Use of Self-Advocacy to Combat the Effects of Deployment and School Mobility for Military Children
- Secondary PTSD in Children of Soldiers Returning From Combat Duty: Strategies for Helping Professionals

Advanced

- Assisting Military Personnel With Traumatic Brain Injury: Using Strength-Based Career Counseling in Their Rehabilitation
- Holistic Treatment of Combat Related PTSD (ACEG)
- Student Veterans in Transition to College: Serving Those Who Served

Multicultural and International Issues

- Counseling in the Czech Republic: Past, Present, and Future
- Let's Get Real about Racism: Cultural Competency for Counselors
- Stand Up: Learning How To Fight Racism
- Stressors, Barriers, and Supports: Addressing the Mental Health Needs of Diverse Immigrant and Refugee Students

EDUCATION SESSIONS



The African American Female Experience: Perceptions of Self, Body Image and Overall Appearance
When Grandma and Grandpa Become Mom and Dad: Engaging Grandfamilies in Clinical Practice

Advanced

Critical Cultural Competency Domains for Counselor Development: A Study of Professional Growth Experiences
Empathy Training: Where East Meets West
Mentoring Minority Graduate Students and New Faculty: Steps on Being a Successful Graduate Student and Junior Faculty Member (AMCD)

Private Practice

40-Plus Strategies for Building a Full Caseload
Forensic Counseling: How Licensed Counselors and the Family Law Legal System Work Together

Professional Issues

Is There a Book Within You To Be Written?
Legislative Advocacy: Why and How?
Perspectives on ACA's Next 60 Years: A Past Presidents' Forum
Running Your Chapter of Chi Sigma Iota: Developing a Firm Foundation of Excellence and Professional Counselor Identity

Advanced

It's Time To Require CACREP Accreditation for State Licensure: A Call To Action for Counselors and Counselor Educators
Impending Disaster: Professional Counselor Identity

Psychopharmacology

Antidepressants in Counseling: Facilitating Medication Management With Clients
Navigating the Complex World of Psychopharmacology To Promote Client-Prescriber-Counselor Alliances (AMHCA)

Rehabilitation Counseling and Disability Issues

Assessment and Treatment of Crisis in Families of Individuals With Autism who Display Severely Destructive Behaviors
College Readiness for Students With Autism Spectrum Disorders

Advanced

Finding Their Voice: Guiding Mothers of Children With Autism Spectrum Disorder From Diagnosis to Advocacy and Beyond

Research

Friends, Family, and Older Men (AADA)
Grant Writing for the Counseling Professional: Top 5 Strategies for Success
Raising Black Males: Current Research on Essential Ingredients to Healthy Outcomes in Black Male Development
Research Competencies for the Field of Counseling (ACES)
Tertulia de Madres: Using Action Research To Explore Latino Parent Involvement in a Rural Elementary School

Advanced

Polyamorous to Platonic! The Influence of the Internet and Partner Type Relationships on Sexual Behavior Among Gay Men
The World of the Child Victim of Sexual Abuse: A Thematic Analysis of Trauma Narratives

School Counseling

iCARE for Action Research
Mattering in the Middle: An Investigation of Middle School Students' Mattering and Academic Success
Partnering To Promote Professional Development: A Site Supervisor Training Program for School Counselors
The ACA School Counseling Task Force: Activity Update

Advanced

CSCORE's Annual Review of Research: Identifying Best Practices for Counseling in Schools
Post-Secondary Students With Intellectual Disabilities and Autism Spectrum Disorders: A New Frontier

Sexuality

Joining Sexuality and Spirituality: Working with Clients (ASERVIC)

Advanced

Letting Go: Exploring Sexual Interest/Arousal Disorder in Women
Women's Issues at Midlife and Beyond: Spirituality, Sexuality, and Retirement (AADA)

Social Justice

ACA Code of Ethics and Social Justice: A Panel Discussion on Integrating Social Justice Into the New ACA Code of Ethics (CSJ)
ACES Presidents and Social Justice: ACES Leaders Discuss the Relevance of Social Justice in Counselor Education and Supervision (CSJ)
Altruism: The Why Behind the What of Counseling
Diffusion of Innovation: A Framework for Gaining "Buy-In" for the Social Justice Perspective in Counseling and Psychology (CSJ)
Hate on the Rise: Examining the Global Increase of Anti-Gay Violence and Its Impact on the LGBT Community
The Courage of Commitment: Reflections on Service and Social Action

Advanced

Dreaming of Possibilities: A Look Into the Future of Social Justice and Advocacy in Counseling (CSJ)
Infusing Social Justice Counseling Strategies Into Counselor Education Training, Counseling Practice, and Community Settings

EDUCATION SESSIONS



Spirituality and Religion

Morning Meditation (AHC)
Spiritual Implications for the DSM-5 Criteria (ASERVIC)

Advanced

Spirituality in Disaster Response: Counselor Competency and the FACE-SPIRIT Model
The Spiritual Integration Toolbox: Techniques for Ethical Assessment, Diagnosis, and Treatment (ASERVIC)

Technology in Counseling

Bringing Our Past to Life Through Tomorrow's Technology: Preserving the Lives and Stories of the Great Counseling Theorists
Interpersonal Connection in a Simultaneous Universe: Am I Connected Just Because I'm Plugged In?
The Five Hottest Topics in the Counseling Blogosphere

Advanced

Social Media Incarnate: An Exploration of the Use of Virtual Worlds in Counseling and Counselor Education

Trauma

Border Violence: Addressing the Impact on Clients
Developing Strength From Trauma: Integrating an Innovative Emotional-Based Model Into Counseling Practices
Promoting Posttraumatic Growth in Landmine Survivors in the Middle East
Use of Group Work in Healing From Crisis and Trauma: Lessons Learned From Children and Adults Around the World (ASGW)

Advanced

Advanced Neurocounseling Strategies for Healing Trauma and Stressor-Related Disorders
Posttraumatic Growth: How We Heal and Grow From Life's Trauma
The Personal Is Political: Applying Feminist Theory to Crisis Intervention Work
Your Story Matters: Strategies for Companionship Children and Their Parent on Their Journey of Grief

Wellness

Increasing Personal Energy and Wellness (AHC)
Maori Drawing for Counseling Self-Care (AHC)
The Art of Centering: An Experiential Path to Wellness (AHC)
Yoga for Everyone (AHC)

Advanced

Chocolate, Chilies, and Coconuts: Advanced Approaches to Mental Health Nutrition and Alternatives to Psychopharmaceuticals
College Wellness: A Relationship Building Approach That Energizes and Educates Students and Impacts the Whole Campus

Psychoneuroimmunology, Mind-Body Connections, and Aging: The Role of Counseling in Lifelong Mental and Physical Wellness

HIGHLIGHTS & SPECIAL EVENTS

Friday, March 23

First Timers Orientation and Mentoring Luncheon



Are you a new ACA member? First-time attendee? This is just what you need! Sign up for this special gathering where you will mingle with leaders in the profession, meet other

first-timers, and learn how to navigate the conference. This event will be held at the ACA headquarters hotel, the Hilton San Francisco Union Square. *Tickets are \$45 per person while they last; this event often sells out and tickets are not available onsite. Use the Registration form to sign up.*

Hans Z. Hoxter International Forum

Hans Z. Hoxter was the founder and Honorary Life President of the International Association for Counseling. Through Hoxter's vision, counseling has been advanced as a force for human empowerment throughout the world and ACA holds this program each year to continue the global dialogue. *Watch the ACA website for updates on guest speakers.*



ACA Opening Night Celebration



This year's theme will be "Summer of Love," celebrating the 1960s with a surprise popular band. Come dressed in your best 1960s outfit and join us as we also celebrate ACA's 60th

Anniversary! Greet old friends and meet new ones at this social event of the year for counselors. *One ticket is included with each full registration. Additional tickets: \$45 per person. Use the Registration form or purchase additional tickets onsite.*

TRAVEL INFORMATION

Take advantage of the special discounts we've arranged for you!

By Air

Book your travel with ACA's official travel provider, Association Travel Concepts (ATC). If you book your travel with ATC, you will have access to 5% off applicable classes of service for tickets purchased more than 30 days prior to the conference on American Airlines or United Airlines flights. ATC also can help you with advanced seat assignments, special meal requests, frequent flier updates, 24/7 access with mobile options for itinerary status updates, low fare options on all airlines, and much more. **Some restrictions may apply.*

For fare quotes and tickets with ACA's official travel provider please contact ATC.

Online: atcmeetings.com/americancounseling
Visit the ACA travel center and start your search for fares.
**\$10.00 fee assessed for all online ticketed reservations*

E-mail: reservations@atcmeetings.com
**\$35.00 fee assessed for all e-mail ticketed reservations*

Live Agent: 800-458-9383
**\$35.00 fee assessed for all live agent ticketed reservations*

You also may contact your own travel agency or the carriers directly and refer to the following ID numbers:

American Airlines: 9332BD

United Airlines: 510CK

Ground Transportation

Taxi service is available at the arrival/baggage claim area of all terminals of the San Francisco International airport (SFO). Uniformed taxi coordinators are stationed at the taxi zones from 7:00 am to 1:00 am to assist with any questions or concerns. Driving time from the SFO airport to the Union Square area of San Francisco via taxi is about 30 minutes. The cost is about \$40 one way.

San Francisco Super Shuttle

Make your Super Shuttle airport reservation online and get a discount! Book your Super Shuttle transportation in advance and online from the San Francisco International airport (SFO) to any of the ACA conference hotels at the discounted rate of \$15.00 one way. Go to counseling.org click on conference then go to Travel and Lodging to make your reservation or go to www.supershuttle.com/sales/ACA2012.html and enter discount code BNK9M to make your discounted reservation.

Vehicle Rentals

Hertz 800-654-2240, hertz.com

Association discount code: CDP#0042253

Conference discount code: CV#31C0017

Use both the CDP and CV code for maximum savings.

Enterprise 800-593-0505, enterprise.com

Conference discount code: 32H7476

Alamo, Avis, Budget, Dollar, Enterprise, Fox, Hertz, National, and Thrifty car rental counters are located on the 4th floor of the SFO Airport Rental Car Center.

ACA Shuttle Transportation

ACA will provide free shuttle bus transportation between ACA-designated hotels and the Moscone West Convention Center. Please check your hotel lobby for shuttle bus schedules. Onsite assistance is available at the ACA Registration desk at the Moscone West Convention Center.

Special Needs Transportation

The free ACA shuttle buses will be accessible for persons with disabilities.

HIGHLIGHTS & SPECIAL EVENTS

Friday, March 23



International Student Panel and Reception

A panel of graduate students from various countries discusses perceptions of counseling based upon their cultural contexts and their educational experiences in U.S. graduate programs. Students also will share thoughts on what they've learned about counseling in the U.S. and how it might be applied in their home countries. The International Reception will be held after the panel discussion. This is a great opportunity to expand the global dialogue and cultivate partnerships on an international level.

HOTEL INFORMATION

HOTELS - Reserve by February 28, 2012

IMPORTANT: All ACA Conference hotel reservations must be made using the ACA Housing Bureau. The ACA Housing Bureau will accept reservations made online, by phone, fax, or mail. Please refer to the official housing form on page 31 for more information. All of the ACA conference hotels are within walking distance of the Moscone West Convention Center or a short ride on the complimentary ACA shuttle bus. The deadline for receiving the discounted housing rate is February 28, 2012. Be sure to submit your housing request to the ACA Housing Bureau on or before that date to take advantage of the special conference rates.



ACA Headquarters Hotel Hilton San Francisco Union Square

333 O'Farrell Street
San Francisco, CA 94102

Internet: Complimentary in-room internet

Parking: Self - \$52.00 per day, Valet - \$57.00 per day

Single: \$199 or Deluxe Tower view, \$229.00

Double: \$219 or Double Deluxe Tower view, \$249.00

Triple: \$239.00 or Triple Deluxe Tower view, \$269.00

Quad: \$259.00 or Quad Deluxe Tower view, \$289.00

Located 0.6 miles from Moscone West Convention Center



ACA Co-headquarters Hotel Parc 55 San Francisco Hotel

55 Cyril Magnin Street
San Francisco, CA 94102

Complimentary 24-hour fitness center access

Parking: Valet only, starting at \$48.00 per day

Single/Double: \$179.00

STUDENT RATE

Single: \$159.00*

Double: \$169.00*

**ACA Student Member housing rates are available at the Parc 55 San Francisco Hotel. In order to qualify for the student rate, you must be registered for the conference and an ACA Student Member through March 2012. Student Member rooms are limited so make your reservation early!*

Located 0.5 miles from Moscone West Convention Center

*** Notice to All Conference Attendees ***

We kindly ask that you make your hotel reservations at one of the two contracted hotels above. ACA is committed to these contractual obligations in order to bring the room rates down from regular pricing. If you stay at a hotel other than the Hilton or the Parc 55, we may fall short of our housing obligations and will be responsible for paying lost income to our hotels. This could mean higher registration fees and fewer benefits for participants. Thank you for your consideration.

REGISTRATION INFORMATION

Join ACA today and save up to 70% off your conference registration!

SUPER SAVER RATE	Register by December 15, 2011
ADVANCE RATE	Register by February 15, 2012
ONSITE RATE	Register after February 15, 2012 or onsite in San Francisco

Register
EARLY
and SAVE!

To qualify for discounted rates, your registration must be postmarked or received via telephone, fax, or online by the dates listed above. After February 15, 2012, the Onsite Rate will apply. Sorry, but we cannot make exceptions to this policy.

Registration Instructions

Use the Registration Form on p. 29 or register online at counseling.org/conference. Please complete all sections. Missing information causes delays. Your registration will not be processed without payment in full.

Is Your Membership Current?

Only ACA members in good standing are eligible for discounted ACA Member rates. If your membership has lapsed, log on to the members-only section of counseling.org and follow the instructions to "Renew Membership," or contact ACA Member Services at 800-347-6647 x222 or 703-823-9800 x222 (M-F, 8 am – 6 pm, ET). Memberships cannot be renewed on the conference Registration Form.

Not an ACA Member?

You can join and register at the same time, using the Registration Form. Membership in ACA can save you time and money; provide you with professional development and continuing education opportunities; help protect your future through legislative and public policy outreach; provide prestige and credibility; and increase your professional network. Most importantly, ACA represents you as a counseling professional. Join and register for the conference on counseling.org, or complete the "Join ACA & Save on Registration!" section on p. 29.

Avoid waiting in line!

Register by February 15 and Receive Your Conference Materials in Advance!

Register by February 15, 2012 with full payment and you will receive your Registration Packet in advance by mail (U.S. registrants only). Then, when you arrive in San Francisco, you can go directly to the Tote Bag Distribution Counter at the Moscone West Convention Center to pick up your conference materials.

International Registrants

You will be able to pick up your Registration Packet and Tote Bag at the Pre-Registration Counter in the Moscone West Convention Center.

Onsite Registration

You may register onsite at the Moscone West Convention Center when you get to San Francisco. We recommend you arrive early to reduce your wait time. See the Conference Planning Calendar for hours. We cannot guarantee availability of Pre-conference Learning Institutes or other ticketed events. ***We strongly recommend registering before February 15, 2012.***

Is This Your First ACA Conference?

If this is your first time attending the ACA Conference & Exposition or if you are a new ACA member, please check the box on the registration form indicating you are a first-time or new ACA member so we can have your special ribbon ready. Consider registering for the First Timers Orientation & Mentoring Luncheon on Friday, March 23, 12:00 pm – 2:00 pm.

Special Events, Division Meal Functions, and Branch Activities

Tickets purchased in advance will be included in your Registration Packet. If you register or purchase tickets onsite, check your packet before you leave the ACA Registration area. No replacement tickets will be issued once you have left the registration area. Most ticketed events offer limited seating based on room capacities and most sell out in advance. Advanced purchase is strongly recommended. Remember to purchase a ticket for your guests in advance. One ticket to the Opening Night Celebration is included in each full conference registration. Additional tickets (\$45 each) may be ordered on the Registration Form; tickets also will be on sale at the Registration Desk, based on availability.

Guest Registration

If you would like to bring a guest to the conference, we now have a special rate of \$200. The rate includes a ticket to the opening party, entrance into the exhibit hall and keynote sessions. ***The guest cannot be an ACA member or lapsed ACA member.*** This rate does not apply to anyone who is involved in an educational presentation. For individuals wanting to attend the Expo Hall, an Expo Hall only pass is available for a rate of \$25. Both rates are good for the duration of the conference.

REGISTRATION INFORMATION, continued

Registration Fees and Payments

Please add all fees and fill in the total on the Total Payment Enclosed line. Full payment in U. S. funds must accompany the Form or your registration will not be processed. A check or credit card information must be provided. Credit card payments must include a signature and date authorization. Make checks payable to "American Counseling Association." Visa, MasterCard, American Express, and Discover are accepted. Registration forms submitted via fax or online are accepted only with valid credit card information.

Confirmation and Registration Packets

You will receive a confirmation within one week of receipt of your registration. If you do not receive confirmation within 2 weeks, please call 800-347-6647 x222, M-F, 8:00 am – 6:00 pm, ET.

In early March 2012, you will receive your Registration Packet, which will contain your badge and ticket(s). Please remember to bring these items with you. You will be able to pick up your Tote Bag by presenting a ticket, which will be mailed with your badge.

Cancellation and Refund Policy

- Through March 1, 2012, ACA will refund your conference registration and fees for ticketed events less a \$75 cancellation fee (\$50 for Students/New Professional/Retired categories). A \$25 cancellation fee will apply to the Pre-conference Learning Institutes.
No refunds after March 1, 2012.
- Registration fees may be transferred to another person or you may transfer your registration to the following year (2013) for a \$35 fee. **Pre-conference Learning Institutes are not transferable from year to year.**
- All transfers will be accepted up to the start of the conference (March 21, 2012).

Persons with Disabilities

ACA makes every effort to ensure that all activities are accessible to persons with disabilities. All hotels are ADA compliant. Please use the section on the Registration Form to provide us with the information necessary to make the event more accessible and enjoyable, including any transportation needs, sign language interpreter, visual guides, or any other special needs. Attach additional notes if more space is required.

Voluntary Contributions

ACA is a non-profit, tax-exempt educational organization and is approved as a 501(c) (3) organization under the Internal Revenue Code. Contributions to the following funds are tax-deductible, *except for* The Professional Advocacy Fund. Tax-deductible: The Human Concerns Fund; Legal Defense Fund; ACA Foundation; David K. Brooks, Jr. Distinguished Mentor Award; The Gilbert and Kathleen Wrenn Award and The Robert Rencken Emerging Professional Leader Award. *See the ACA website for more information on each fund.*

ACA/American Red Cross
**Foundations of Disaster Mental
Health Training**

Thursday, March 22
8:00 am – 1:00 pm

For ACA members only



***CE credit is pending. Watch ACAeNews and
counseling.org for updates***

In a disaster environment, mental health services are in high demand. As a Red Cross partner, ACA provides training prior to the ACA Conference to ACA members who wish to become Red Cross Disaster Mental Health Volunteers. To take this free course, you must meet these qualifications:

1. Participants must be licensed for independent practice by the State Counseling Licensure Board from the state in which you reside. Counselors in a two-tier state must be licensed at the higher, independent practice level; or a School counselor or school psychologist who has successfully completed a masters or doctoral degree and holds a current state license or state certification.
2. Participants must complete the online ARC Disaster Mental Health: An Overview course at <https://classes.redcross.org>
3. Participants must have a valid practicing license at the time of training.
4. Participants must be a current ACA member.
5. Participants must pre-register. No onsite registrations can be accepted.

Class size is limited. Contact Debbie Beales at dbeales@counseling.org or 800-347-6647, x306 for registration materials. *Registrants will be notified in writing of acceptance. CE Credit is pending for this training.*

ACA 2012 ANNUAL CONFERENCE & EXPOSITION

Pre-conference Learning Institutes, March 21–22 • ACA Conference, March 23–25

1. Registration Information

Check if First-Time Attendee

Check if New Member

Name (Print) _____
(first) (middle initial) (last)

Nickname for Badge _____

ACA Membership # _____ CCA Membership # _____ CALPCC Membership # _____
(Required if claiming ACA member Rates)

Street Address _____

City _____ State/Province _____ Zip _____ Country _____

Current Employer/Organization _____ Current Position _____

Daytime Phone () _____ Cell Phone () _____

E-Mail _____

Do you give ACA permission to send you text messages via your cell phone during the conference? Yes No

Pursuant to the Americans with Disabilities Act, do you require specific aids or services?

(audio, visual, or mobile)

Join ACA Membership & Save on Registration Fees!

Pledge: Membership in ACA means that you will abide by ACA's Bylaws and other governing documents and are qualified for the membership category selected. By becoming an ACA member, you are agreeing to be subject to the rules, regulations, and enforcement of the terms of the ACA Code of Ethics and Standards of Practice, (a copy of which is available to you at counseling.org) which can include appropriate sanctions up to suspension or expulsion from ACA and public notice about any such action.

To join, check the membership category for which you qualify:

- Professional:** Masters or Doctorate in counseling or closely related field. \$161.00
- Regular:** Interested in goals and mission of ACA. \$161.00
- Student:** Enrolled at least half-time at college level. \$ 92.00

Subtotal \$ _____

2. Pre-conference Learning Institutes • March 21–22 (see pp. 12–18)

2012 LI Rates	Super Saver		Advance		Onsite	
	By December 15, 2011		By February 15, 2012		After February 15, 2012	
	Day	Evening	Day	Evening	Day	Evening
ACA/CCA Members						
Professional/Regular	\$140	\$95	\$170	\$125	\$210	\$165
New Professional/ Student/Retiree	\$95	\$70	\$125	\$100	\$165	\$140
Non-Members						
General Attendees	\$200	\$155	\$230	\$185	\$270	\$225
Non-Member Student	\$155	\$130	\$185	\$160	\$225	\$200

Wednesday, March 21

Daytime Course # _____

Registration Fee \$ _____

Evening Course # _____

Registration Fee \$ _____

Thursday, March 22

Daytime Course # _____

Registration Fee \$ _____

Evening Course # _____

Registration Fee \$ _____

Subtotal \$ _____

Please indicate the course number. Fees are per individual session.

(The ACA/Red Cross Training is not a Pre-conference Learning Institute. See p. 28 for separate registration process.)

3. ACA Annual Conference & Exposition Rates

Postmarked	Super Saver By December 15, 2011	Advance By February 15, 2012	Onsite February 16, 2012
ACA/CCA Member Type			
Professional/Regular	[] \$345	[] \$395	[] \$455
Student/New Prof./Retiree	[] \$245	[] \$290	[] \$320
Non-Members			
General Attendee	[] \$525	[] \$570	[] \$610
Student	[] \$370	[] \$480	[] \$500

1-Day (same rate for members and nonmembers)

- [] 1-day Registration \$300 (indicate day) _____
- [] Guest Registration \$200 (per person) *See restrictions on p. 27*
- [] Expo Only \$25 (per person)

Subtotal \$ _____

4. Special Ticketed Events

	Qty.	Total
Add'l Opening Night Celebration*	\$45 x _____	\$ _____
First Timers Orientation & Mentoring Lunch	\$45 x _____	\$ _____

*One free ticket for the Opening Night Celebration is included with full registration. Extra tickets may be purchased.

Subtotal \$ _____

5. Division Meal Functions (subject to change)

Wednesday, March 21		Qty.	Total
ACEG Luncheon	12:00 pm–2:00 pm	\$50 x _____	\$ _____
Thursday, March 22			
NCDA Luncheon	12:30 pm–2:00 pm	\$50 x _____	\$ _____
Friday, March 23			
CSJ Brunch	11:00 am–1:00 pm	\$45 x _____	\$ _____
NECA Luncheon	11:00 am–1:00 pm	\$50 x _____	\$ _____
ASERVIC Luncheon	12:00 pm–2:00 pm	\$50 x _____	\$ _____
ASGW Luncheon	12:00 pm–2:00 pm	\$50 x _____	\$ _____
IAMFC Luncheon	12:00 pm–2:00 pm	\$50 x _____	\$ _____
Saturday, March 24			
AADA Breakfast	7:30 am–9:00 am	\$40 x _____	\$ _____
ACCA Breakfast	7:30 am–9:00 am	\$40 x _____	\$ _____
IAAOC Breakfast	7:30 am–9:00 am	\$40 x _____	\$ _____
ALGBTIC Brunch	11:00 am–1:00 pm	\$45 x _____	\$ _____
ARCA Brunch	11:00 am–1:00 pm	\$45 x _____	\$ _____
ACES Luncheon	12:00 pm–2:00 pm	\$50 x _____	\$ _____
AMCD Luncheon	12:00 pm–2:00 pm	\$50 x _____	\$ _____

Subtotal \$ _____

6. Voluntary Contributions (see p. 28)

Human Concerns Fund	\$ _____
Legal Defense Fund	\$ _____
ACA Foundation	\$ _____
Professional Advocacy Fund (Not tax deductible)	\$ _____
David K. Brooks, Jr. Distinguished Mentor Award	\$ _____
The Gilbert and Kathleen Wrenn Award	\$ _____
The Robert Rencken Emerging Leader Award	\$ _____

Subtotal \$ _____

TOTAL PAYMENT ENCLOSED \$ _____

7. Payment Method

Registration cannot be processed if full payment is not enclosed.

- [] Check or money order, payable to American
Counseling Association in U.S. funds, enclosed.
- [] VISA [] MasterCard
- [] American Express [] Discover

Credit Card # _____

Exp. Date _____

CVC Code: Amex (4 digits above credit card number) _____

Visa, MC, Discover (last 3 digits next to signature) _____

Cardholder's Name (print) _____

Phone No. () _____

Authorized Signature _____

Date _____

For Office Use Only Source Code ARBSF12

Date Received _____ Check No. _____

C/C Authorization No. _____ Amount \$ _____

Received by _____

ACA 2012 CONFERENCE & EXPO HOUSING FORM

San Francisco, California • March 21–25, 2012

HOUSING CLOSES: February 28, 2012

Reservations: All hotel reservations are being coordinated by the ACA Housing Bureau. Arrangements for housing should NOT be made with the hotel directly. All housing reservation forms must be received by the ACA Housing Bureau by February 28, 2012. Room inventory may become limited after this date. **The final deadline to process changes and cancellations is February 28, 2012.**

TO MAKE A RESERVATION

Online: counseling.org/conference Click on Travel and Lodging, then Housing

Mail to: ACA HOUSING BUREAU, P.O. Box 4088, Frederick, MD 21705

Call: 800-974-9833 or 847-996-5876 Fax: 888-772-1888 or 301-694-5124

HOUSING INFORMATION

First Name _____ Last Name _____ MI _____
Company/University _____
Street Address _____
City _____ State/Country _____ Zip _____
Day Phone _____ Cell Phone _____ Fax _____
E-mail _____ (confirmation will be sent via e-mail if e-mail is provided)

HOTEL CHOICE: Please indicate your hotel of choice in order of preference (i.e. 1, 2, 3).

Hilton San Francisco Square _____ **Parc 55** _____

Arrival Date ____/____/____ Departure Date ____/____/____

Number of people in room _____ Number of beds in room _____ Special Requests* _____

(Examples: smoking preference, room for person with disabilities – please indicate specific needs.)

EARLY DEPARTURE FEE: Hotels may charge an early departure fee. Fees vary by hotel.

NAME(s) OF ALL ROOM OCCUPANTS 1. _____ 3. _____

Please note that additional charges may apply

to a third or fourth person occupying the room 2. _____ 4. _____

DEPOSIT/GUARANTEE: A credit card with an expiration date after March 2012 is required to guarantee your reservation. Reservations will not be made without a valid credit card. If paying by check, a valid credit card will be needed to guarantee your reservation. Checks will need to be sent to the hotel directly after February 28, 2012. The hotels may charge a deposit of one night room and tax to the credit card listed below on or after February 28, 2012.

PAYMENT INFORMATION

Credit Card: American Express MasterCard VISA Discover Check

Credit Card # _____ Exp. Date _____

Card Holder's Name (Print) _____

Card Holder's Signature _____

CONFIRMATIONS: Confirmations will be e-mailed to you from the ACA Housing Bureau once your reservation has been secured with a credit card. You will not receive a confirmation from your hotel. If you do not receive a confirmation within 2 weeks of making your reservation, please contact the ACA Housing Bureau via e-mail, ACAhousing@experient-inc.com, phone 800-974-9833/847-996-5876 or fax 888-772-1888/301-694-5124.

CHANGES/CANCELLATIONS: We encourage you to make your hotel reservations before the published deadline of February 28, 2012. Room inventory may become limited after this date. The ACA Housing Bureau will continue to accept changes, based on availability, and cancellations through February 28, 2012. After that date, you will need to contact the hotels directly. Your reservation will be under your first and last name.

CONTACT INFORMATION: If you have questions please contact the ACA Housing Bureau by phone at 800-974-9833/847-996-5876 or e-mail ACAhousing@experient-inc.com

HOTEL CANCELLATION POLICIES: Deposit is refundable if cancellation is received at least 72 hours prior to arrival.

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Online: counseling.org Mail: Use form on p. 29